

FULL PAPERS

Evaluation of induced and spontaneous contamination of ocular medications after first opening

Anna Marchese, Simone Cagnacci, Eugenio A. Debbia

Sezione di Microbiologia C.A. Romanzi; DISCAT - Facoltà di Medicina e Chirurgia, Università di Genova

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SUMMARY

In order to evaluate whether ophthalmic preparations can be safely used within 12 hours after first opening, four different sterile ocular medications, were opened and tested for spontaneous bacterial contamination after exposure to air. Samples (10ml) were collected from 5 containers of each ophthalmic preparation after 0, 2, 4, 8 and 24 hours. No viable microorganisms were found during and at the end of the evaluation time. In order to assess if the ocular bacterial population might contaminate the medications, about 10^5 microbial cells of different species (*Staphylococcus aureus*, *S. epidermidis*, *S. haemolyticus*, *Streptococcus pneumoniae*, *S. pyogenes*, *Corynebacterium* spp., *Haemophilus influenzae*, *Moraxella catarrhalis*, *Escherichia coli*, *Pseudomonas aeruginosa*, *Acinetobacter baumannii*, and *Candida albicans*) were added to the containers and incubated at 35°C or at room temperature. Samples were collected and the number of viable microorganisms was estimated. The medicaments showed a bacteriostatic or bactericidal activity (<100 survivors after 24 h of exposure) against the majority of all relevant species, with the exception of *E. coli*, *P. aeruginosa*, and *A. baumannii*, which demonstrated to be able to grow in some of these ocular preparations. These data indicate that the risk of spontaneous contamination of the containers after first opening is low, and that all solutions do not offer a favourable substrate for the growth of the microorganisms showing in the great majority of the cases an antimicrobial activity. These results suggest that a safe usage of these ocular medications can be extended from the recommended 12 hours at least 24 hours after first opening.

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INTRODUCTION

The eye, like any other part of the body in contact with the external environment, is naturally colonized by various bacterial species as staphylococci, streptococci, *Haemophilus* spp. and *Corynebacterium* spp. (2, 8, 11, 15, 14). The eyes in any case are protected by palpebral movements, presence of antibacterial enzymes, immunoglobulins (particularly those of secretory type) and by the detergent action of tears (2, 15). In the development of the ocular cavity infection many factors are involved, as far as the general health conditions of the subject. Presence of contact lenses may increase the risk of infection because of the frequent manipulations, the easy contamination of the container and the propensity of bacteria of adhering to the lenses and produce bio-film (3, 18, 21).

Because of the difficulty of many drugs to reach therapeutic levels in this anatomic site by systemic route, most diseases of the ocular cavity are treated with topical preparations that present a risk of microbial contamination. It therefore extremely

important to prevent bacterial contamination of these preparations and evaluate the impact of contamination especially for those solutions that do not contain any specific antimicrobial agents.

Concerning sterile preparations, the time of their utilisation after first opening proposed by the European Agency for the Evaluation of Medicinal Product should be about three hours. This limit was set taking into account a possible environmental contamination and the subsequent growth in these preparations of potential pathogens. In the case of ophthalmic solutions of 0.5 ml each dose, whose reusable limit is within 12 hours, this risk is higher considering the possible contact of this opened container with the surface of the eye. Microorganisms or opportunistic pathogens might enter into the container (10, 17, 19, 16). Depending on the nature of pharmaceutical preparations, this contamination may follow different directions. The number of bacteria can increase considerably if the fluid is nutrient, remain unchanged if no nutritional substances are present in the media, or reduce if the

Corresponding author: Eugenio A. Debbia

Sezione di Microbiologia C.A. Romanzi; DISCAT - Facoltà di Medicina e Chirurgia, Università di Genova
Largo Rosanna Benzi 10 - 16132 Genova - Tel: +39-010-3537655, FAX: +39-010-353 7698
E-mail: eugenio.debbia@unige.it

ophthalmic solution has antimicrobial properties. Finally, there is the possibility that a certain amount of bacteria from contamination or contact with eye's surface can be seized by the liquid due to the occurrence of adhesion on the plastic of the container. On the other hand, the mere adherence to a surface may enhance the expression of bacterial genes that control the synthesis of compounds necessary for sessile life and/or expression of pathogenic and virulence traits. A sessile community of microorganisms could therefore be a constant source of virulent bacteria (5, 9).

To evaluate these hypotheses, an experimental contamination of four ophthalmic solutions, has been carried out. The study also examined the outcome of known quantities of bacteria belonging to different species in the ophthalmic preparations in order to simulate contamination by contact with infected conjunctiva and the ability of the plastic container to provide a surface for the adhesion of certain species of staphylococci.

MATERIALS AND METHODS

Microorganisms

Strains used in this study, representative of the most frequent microorganisms found in the ocular bacterial population (2, 8, 11, 14, 15), belong to the collection of this Institution and were collected from clinical specimens. They included: *S. aureus*, *S. epidermidis*, *S. haemolyticus*, *S. pneumoniae*, *S. pyogenes*, *Corynebacterium* spp., *M. catarrhalis*, *H. influenzae*, *E. coli*, *P. aeruginosa*, *A. baumannii*, and *C. albicans*.

Growth condition

S. aureus, *S. epidermidis*, *S. haemolyticus*, *Corynebacterium* spp., *P. aeruginosa*, *A. baumannii*, *E. coli* and *M. catarrhalis* were cultured in Mueller-Hinton (MH) Broth (Biogenetics, Padua, Italy) solidified with agar-agar when necessary as suggested by CLSI (2007). To the same medium 5% horse blood was added for testing *S. pneumoniae* e *S. pyogenes*. Haemophilus Test Medium (HTM) was used for *H. influenzae*. Finally Sabouraud agar plates were employed for *C. albicans*.

Spontaneous contamination of ocular medications

Considering our previous experience with similar ocular medications made by the same manufacturer, (12), it appears of some interest to evaluate if the ocular preparations recently introduced in the therapy, and here described, are characterised by similar favourable properties. The evaluation of spontaneous contamination of ocular medications has been, then, carried out using five samples of

each medication (Naflox lot 780707, Calmostill lot 130707, Xiloial lot 9030907, Ketoftil lot 410207). Samples were opened and maintained unprotected under these conditions for 24 hours at room temperature. At 0, 2, 4, 8 and 24 hours, aliquots (10µl) were collected and seeded onto blood-agar, McConkey-agar and Sabouraud-agar and incubated for 48 hours at 35°C. After this period the plates were examined in order to verify the presence of any microorganisms. Three different culture media were employed to allow the growth of Gram-positive (MH supplemented with 5% horse blood) Gram-negative bacteria (McConkey) and fungi (Sabouraud).

Viability of microorganisms cultured in ocular medications

The evolution of a microbial population introduced in the two ophthalmic solutions (simulating a possible contamination by contact with infected eye surfaces) has been studied by adding the compounds to suspensions of about 10⁵ CFU/ml of various bacterial species in saline solution. The choice of this concentration derived from considerations relating to the density of pathogens that can colonize the ocular region and produce eye infection. Three samples of each preparations, inoculated with these suspensions, were incubated at both room temperature and 35°C. After 0, 2, 4, 8 and 24 hours, of 10ml of each culture were plated onto the appropriate medium for the growth of each species. After 24 hours of incubation at 35°C the CFU /ml was estimated and the curve of growth was draw.

Adhesion of the different bacterial species to the plastic container

To test the adhesion of microorganisms to the plastic material used for the production of containers, two groups of empty plastic containers (size 0.5 ml), provided by Farmigea Spa, were inoculated using a bacterial suspensions in phosphate buffer solution. A portion of cells placed in glass containers was used as control. After 0, 2, 4, 8 and 24 hours of incubation at both room temperature and 35°C, 10ml of each suspension was plated onto the appropriate medium for the growth of each species. After 24 hours of incubation at 35°C the CFU /ml was estimated.

RESULTS

Evaluation of spontaneous contamination of ocular medications

When five samples of each ophthalmic preparation were opened and exposed unprotected to air at room temperature for 24 hours, no viable

microorganisms (fungal or bacterial) were detected after 0, 2, 4, 8, hours and at the end (24 hours) of the evaluation time (data not shown).

Evaluation of viability of bacteria cultured in ocular medications

When the ophthalmic solutions were infected with a known inoculum of the various representative pathogens, different effects were observed depending on the microorganism analysed. A reduction of CFU/ml was generally noted in all Gram-positive and Gram-negative species, with the exception of fast growing Gram-negative bacilli and *S. aureus* that were able to growth in Xiloilal. Different reductions of the CFU/ml values were observed depending on the microbial species analysed and experimental conditions adopted. After 24 hours of exposure to the ocular medications, in some experiments, viable microorganisms were not found due to the limit imposed by the technology used (<1x10² CFU/ml). However, in other tests, the number of survivors has been reduced by at least 90%.

In detail, the four different ophthalmic preparations have shown a bacteriostatic effect on *S.*

aureus with the exception, as mentioned above, of Xiloial (table 1). Narflox showed a bactericidal effect after two hours of exposure, while the other compounds demonstrated a bacteriostatic activity. Similarly, Calmostill and Xiloilal evidenced a bacteriostatic activity on *S. epidermidis* and *S. haemolyticus*, while Naflox and Ketoftil exhibited a bactericidal effect (table 1).

S. pneumoniae showed a considerable susceptibility to all the ophthalmic preparations, a number of CFU/ml below the technical limit of the assay was found under all the experimental conditions (table 1). The four preparations also showed a lethal activity on *S. pyogenes*, particularly Naflox and Ketoftil. The fraction of survivors remained almost the same up to 24 hours in samples exposed to Calmostill while no viable microorganism was found in samples treated with Xiloilal and incubated at room temperature (table 1).

The results obtained with *Corynebacterium* spp. denoted a general bactericidal activity of all the compounds, with the exception of Xiloilal that exhibited a bacteriostatic effect on this species (table 1). The slow-growing Gram-negatives, *M. catarrha-*

Tabella I. Evaluation of viability of Gram-positives bacteria inoculated in ocular medications.

		Naflox 0.3%		Calmostill		Xiloial		Ketoftil	
		RT	37 °C	RT	37 °C	RT	37 °C	RT	37 °C
Pathogen	Time	CFU/ml	CFU/ml	CFU/ml	CFU/ml	CFU/ml	CFU/ml	CFU/ml	CFU/ml
<i>S. aureus</i>	0	1.4x10 ⁵	1.4x10 ⁵	1.4x10 ⁵	1.4x10 ⁵	1.4x10 ⁵	1.4x10 ⁵	1.4x10 ⁵	1.4x10 ⁵
	2h	0	0	8.4x10 ⁴	1.0x10 ⁵	1.7x10 ⁵	1.8x10 ⁵	2.5x10 ⁵	2.0x10 ⁵
	4h	0	0	7.0x10 ⁴	8.9x10 ⁴	2.0x10 ⁵	2.4x10 ⁵	1.8x10 ⁵	1.6x10 ⁵
	8h	0	0	5.0x10 ⁴	4.5x10 ⁴	2.4x10 ⁵	3.0x10 ⁵	1.4x10 ⁵	1.1x10 ⁵
	24h	0	0	15x10 ⁴	1.3x10 ⁴	>5x10 ⁷	>5x10 ⁷	7.5x10 ⁴	7.0x10 ⁴
<i>S. epidermidis</i>	0	1.3x10 ⁵	1.3x10 ⁵	1.3x10 ⁵	1.3x10 ⁵	1.3x10 ⁵	1.3x10 ⁵	1.3x10 ⁵	1.4x10 ⁵
	2h	6.1x10 ⁴	0	1.6x10 ⁵	1.1x10 ⁵	1.9x10 ⁵	1.7x10 ⁵	6.7x10 ⁴	6.0x10 ⁴
	4h	0	0	1.2x10 ⁵	1.0x10 ⁵	1.3x10 ⁵	1.5x10 ⁵	3.5x10 ⁴	1.6x10 ⁴
	8h	0	0	1.1x10 ⁵	1.1x10 ⁵	8.6x10 ⁴	7.0x10 ⁴	0	0
	24h	0	0	5.4x10 ⁴	4.5x10 ⁴	9.5x10 ⁴	9.2x10 ⁴	0	0
<i>S. haemolyticus</i>	0	7.2x10 ⁴	7.2x10 ⁴	7.2x10 ⁴	7.2x10 ⁴	7.2x10 ⁴	7.2x10 ⁵	7.2x10 ⁴	7.2x10 ⁴
	2h	2.2x10 ⁴	0	4.4x10 ⁴	7.3x10 ⁴	9.2x10 ⁴	1.1x10 ⁵	1.9x10 ⁴	7.4x10 ⁴
	4h	0	0	3.5x10 ⁴	5.1x10 ⁴	8.8x10 ⁴	9.8x10 ⁴	4.8x10 ³	6.7x10 ⁴
	8h	0	0	2.4x10 ⁴	1.5x10 ⁴	6.1x10 ⁴	4.9x10 ⁴	0	0
	24h	0	0	5.5x10 ³	1.0x10 ³	2.7x10 ⁴	1.1x10 ⁴	0	0
<i>S. pneumoniae</i>	0	4.3x10 ⁴	4.3x10 ⁴	4.3x10 ⁴	4.3x10 ⁴	4.3x10 ⁴	4.3x10 ⁴	4.3x10 ⁴	4.3x10 ⁴
	2h	0	0	0	0	0	0	0	0
	4h	0	0	0	0	0	0	0	0
	8h	0	0	0	0	0	0	0	0
	24h	0	0	0	0	0	0	0	0
<i>S. pyogenes</i>	0	9.0x10 ⁴	9.0x10 ⁴	9.0x10 ⁴	9.0x10 ⁴	9.6x10 ⁴	9.0x10 ⁴	9.0x10 ⁴	9.0x10 ⁴
	2h	1.9x10 ⁴	7.5x10 ³	8.6x10 ⁴	7.9x10 ⁴	9.6x10 ⁴	9.2x10 ⁴	1.8x10 ⁴	0
	4h	4.8x10 ³	0	7.0x10 ⁴	4.8x10 ⁴	8.4x10 ⁴	8.5x10 ⁴	8.5x10 ³	0
	8h	0	0	4.0x10 ⁴	1.6x10 ⁴	4.6x10 ⁴	7.9x10 ⁴	5.0x10 ³	0
	24h	0	0	1.6x10 ⁴	5.5x10 ³	0	5.1x10 ⁴	0	0
<i>Corynebacterium spp</i>	0	5.1 x10 ⁴	5.1x10 ⁴	5.1 x10 ⁴	5.1x10 ⁴	5.1 x10 ⁴	5.1x10 ⁴	5.1 x10 ⁴	5.1x10 ⁴
	2h	2.1x10 ⁴	7.8x10 ³	4.2x10 ⁴	2.3x10 ⁴	4.3x10 ⁴	4.8x10 ⁴	3.9x10 ⁴	2.3x10 ⁴
	4h	0	0	2.5x10 ⁴	0	3.8x10 ⁴	4.2x10 ⁴	9.5x10 ³	0
	8h	0	0	1.4x10 ⁴	0	3.4x10 ⁴	3.9x10 ⁴	0	0
	24h	0	0	0	0	2.7x10 ⁴	2.5x10 ⁴	0	0

RT, room temperature

lis and *H. influenzae* were susceptible to all the ophthalmic preparations (table 2). The dynamic of lethal effect was different depending on the experimental conditions, the strain, and the compound tested.

Against fast-growing Gram-negative pathogens different effects were observed, depending on the species analysed and the temperature used (table 2). In particular, when *E. coli* was examined, it was found that the number of CFU/ml remained the same during the first phase of the test (8 hours), then it decreased and no viable bacteria were found after 24 hours of exposure using Naflox and Calmostill at 37°C. A bacteriostatic effect was registered in all the other cases with the exception of Xiloial that was utilised by *E. coli* for its growth (table 2).

P. aeruginosa exhibited a different behaviour depending on the experimental conditions adopted and the compound evaluated (table 2). Naflox was bactericidal on this pathogen. A bacteriostatic effect was registered in the experiments carried

out with Calmostill and Ketoftil, while Xiloial did not inhibit the growth of this organism. A similar behaviour was found when *A. baumannii* was studied (table 2).

The ophthalmic preparations were also infected with a *C. albicans* strain. The results were comparable to those found with slow-growing Gram-negative and Gram-positive microorganisms (table 2). Naflox and Ketoftil showed bactericidal activity against this microorganism while Calmostill and Xiloial exhibited a bacteriostatic activity even if in some circumstances the number of CFU/ml at the end of the experiment was reduced in comparison with the initial inoculum.

Evaluation of adhesion to the plastic container by the different bacterial species

Table 3 summarizes the changes in bacterial concentrations depending on time. The study shows that the initial bacterial inoculum decline with the same kinetic irrespectively of the container used. It was noted that *S. aureus* in the plastic containers

Tabella 2. Evaluation of viability of Gram-negative bacteria and *C. albicans* inoculated in ocular medications.

Pathogen	Time	Naflox 0.3%		Calmostill		Xiloial		Ketoftil	
		RT	37 °C	RT	37 °C	RT	37 °C	RT	37 °C
<i>M. catarrhalis</i>	0	5.1 × 10 ⁴	5.1 × 10 ⁴	5.1 × 10 ⁴	5.1 × 10 ⁴	5.1 × 10 ⁴	5.1 × 10 ⁴	5.1 × 10 ⁴	5.1 × 10 ⁴
	2h	0	0	1.9 × 10 ⁴	8.5 × 10 ³	2.5 × 10 ⁴	1.5 × 10 ⁴	2.5 × 10 ⁴	3.3 × 10 ³
	4h	0	0	1.3 × 10 ⁴	0	1.7 × 10 ⁴	2.8 × 10 ³	1.2 × 10 ⁴	0
	8h	0	0	4.8 × 10 ³	0	5.8 × 10 ³	0	5.0 × 10 ²	0
	24h	0	0	0	0	0	0	0	0
<i>H. influenzae</i>	0	1.9 × 10 ⁵	1.9 × 10 ⁵	1.9 × 10 ⁵	1.9 × 10 ⁵	1.9 × 10 ⁵	1.9 × 10 ⁵	1.9 × 10 ⁵	1.9 × 10 ⁵
	2h	1.8 × 10 ⁴	5.0 × 10 ²	3.6 × 10 ⁴	3.0 × 10 ⁴	4.1 × 10 ⁴	3.1 × 10 ⁴	2.0 × 10 ⁴	5.5 × 10 ³
	4h	6.1 × 10 ³	0	2.1 × 10 ⁴	1.6 × 10 ⁴	2.9 × 10 ⁴	1.6 × 10 ⁴	5.0 × 10 ³	0
	8h	0	0	1.4 × 10 ⁴	9.5 × 10 ³	1.8 × 10 ⁴	1.1 × 10 ⁴	1.8 × 10 ³	0
	24h	0	0	0	0	2.8 × 10 ³	0	0	0
<i>E. coli</i>	0	9.9 × 10 ⁴	9.9 × 10 ⁴	9.9 × 10 ⁴	9.9 × 10 ⁴	9.9 × 10 ⁴	9.9 × 10 ⁴	9.9 × 10 ⁴	9.9 × 10 ⁴
	2h	7.1 × 10 ⁴	5.1 × 10 ⁴	5.7 × 10 ⁴	3.0 × 10 ⁴	1.2 × 10 ⁵	1.3 × 10 ⁵	1.0 × 10 ⁵	8.6 × 10 ⁴
	4h	5.0 × 10 ⁴	3.0 × 10 ⁴	3.5 × 10 ⁴	1.0 × 10 ⁴	2.0 × 10 ⁵	>5 × 10 ⁷	8.3 × 10 ⁴	6.6 × 10 ⁴
	8h	1.6 × 10 ⁴	2.8 × 10 ³	2.3 × 10 ⁴	5.3 × 10 ³	>5 × 10 ⁷	>5 × 10 ⁷	6.9 × 10 ⁴	4.7 × 10 ⁴
	24h	0	0	3.0 × 10 ³	0	>5 × 10 ⁷	>5 × 10 ⁷	2.8 × 10 ⁴	1.0 × 10 ⁴
<i>P. aeruginosa</i>	0	1.0 × 10 ⁵	1.0 × 10 ⁵	9.6 × 10 ⁴	9.6 × 10 ⁴	9.1 × 10 ⁴	9.1 × 10 ⁴	1.0 × 10 ⁵	1.0 × 10 ⁵
	2h	0	0	6.5 × 10 ⁴	9.0 × 10 ⁴	9.4 × 10 ⁴	1.0 × 10 ⁵	1.1 × 10 ⁵	9.9 × 10 ⁴
	4h	0	0	6.3 × 10 ⁴	6.4 × 10 ⁴	>5 × 10 ⁷	>5 × 10 ⁷	9.3 × 10 ⁴	8.6 × 10 ⁴
	8h	0	0	3.6 × 10 ⁴	4.6 × 10 ⁴	>5 × 10 ⁷	>5 × 10 ⁷	4.8 × 10 ⁴	5.9 × 10 ⁴
	24h	0	0	7.8 × 10 ³	1.1 × 10 ⁴	>5 × 10 ⁷	>5 × 10 ⁷	6.0 × 10 ³	2.5 × 10 ⁴
<i>A. baumannii</i>	0	2.1 × 10 ⁵	2.1 × 10 ⁵	2.1 × 10 ⁵	2.1 × 10 ⁵	2.1 × 10 ⁵	2.1 × 10 ⁵	2.1 × 10 ⁵	1.0 × 10 ⁵
	2h	3.3 × 10 ⁴	0	6.1 × 10 ⁵	1.0 × 10 ⁵	4.4 × 10 ⁵	4.0 × 10 ⁵	2.1 × 10 ⁵	9.2 × 10 ⁴
	4h	0	0	3.0 × 10 ⁴	4.4 × 10 ⁴	5.4 × 10 ⁶	6.7 × 10 ⁵	9.7 × 10 ⁴	5.5 × 10 ⁴
	8h	0	0	3.0 × 10 ⁴	4.1 × 10 ⁴	>5 × 10 ⁷	>5 × 10 ⁷	3.2 × 10 ⁴	4.6 × 10 ⁴
	24h	0	0	2.5 × 10 ³	1.9 × 10 ³	>5 × 10 ⁷	>5 × 10 ⁷	9.1 × 10 ³	1.1 × 10 ⁴
<i>C. albicans</i>	0	4.1 × 10 ⁴	4.1 × 10 ⁴	4.1 × 10 ⁴	4.1 × 10 ⁴	4.1 × 10 ⁴	4.1 × 10 ⁴	4.1 × 10 ⁴	4.1 × 10 ⁴
	2h	3.7 × 10 ⁴	0	3.5 × 10 ⁴	3.0 × 10 ⁴	4.5 × 10 ⁴	3.2 × 10 ⁴	1.5 × 10 ⁴	2.0 × 10 ⁴
	4h	0	0	2.7 × 10 ⁴	2.4 × 10 ⁴	3.7 × 10 ⁴	3.7 × 10 ⁴	8.2 × 10 ³	1.4 × 10 ⁴
	8h	0	0	1.5 × 10 ⁴	8.5 × 10 ³	3.9 × 10 ⁴	4.5 × 10 ⁴	3.3 × 10 ³	5.3 × 10 ³
	24h	0	0	3.0 × 10 ³	5.0 × 10 ²	1.6 × 10 ⁴	2.9 × 10 ⁴	0	5.0 × 10 ²

RT, room temperature

reduced its number from 2.2×10^4 to $<10^2$ CFU/ml within 24 hours. Similar values ($<5 \times 10^2$) were reported in the experiments carried out in the glass containers at 35°C. Introducing a known concentration of *S. epidermidis* (1.6×10^4 CFU/ml) at 35°C, 1×10^3 CFU/ml microorganisms were counted after 24 hours in the plastic containers and 1.8×10^3 CFU/ml in the glass control containers. Similarly, for *S. haemolyticus*, in the different conditions, the number of CFU/ml was reduced from 4.3×10^4 to about 10^3 viable microorganisms within 24 hours. Results obtained at room temperature against the three microorganisms are overlapping with those obtained at 35°C. The reduction in the number of survivors becomes valuable (from 90 to 99%) only after 24 hours at a temperature of 35°C in both the plastic and glass containers.

Table 3. Evaluation of adhesion (CFU/mL) to the plastic container by the different staphylococcal species.

Microorganism	Time (hours)	containers			
		plastic	glass	plastic	glass
		growth condition			
		RT	35°C		
<i>S. aureus</i>	0	2.4×10^4	2.4×10^4	2.4×10^4	2.4×10^4
	2	2.2×10^4	1.4×10^4	2.2×10^4	1.5×10^4
	4	1×10^4	7×10^3	1.5×10^4	1×10^4
	8	1×10^4	7.6×10^3	1.6×10^4	1×10^4
	24	1.3×10^3	2×10^2	$<10^2$	4×10^2
<i>S. epidermidis</i>	0	1.4×10^4	1.4×10^4	1.5×10^4	1.5×10^4
	2	1.2×10^4	1×10^4	1.2×10^4	1×10^4
	4	8×10^3	5×10^3	1.1×10^4	1×10^4
	8	2.9×10^3	5×10^3	1×10^4	4.5×10^3
	24	$<10^2$	1×10^2	2×10^3	1×10^3
<i>S. haemolyticus</i>	0	1.1×10^4	1.2×10^4	1.2×10^4	1.2×10^4
	2	9×10^3	1.1×10^4	9.6×10^3	1.3×10^4
	4	2.5×10^3	2×10^3	9.5×10^3	4.6×10^3
	8	1.4×10^3	1×10^3	8×10^3	4.5×10^3
	24	$<10^2$	1×10^2	2×10^3	1×10^3

RT, room temperature

DISCUSSION

The experiments carried out in this study show that spontaneous contamination of the opened ophthalmic solutions, even after a period of 24 hours, is highly unlikely. All the ophthalmic preparations studied here manifested a modest antibacterial activity, but enough to limit the proliferation of the microorganisms considered pathogens in ophthalmology, with the exception of Naflox that resulted under all circumstances strongly bactericidal (2, 8, 11, 14, 15). The physico-chemical properties of plastic containers do not present pro-adhesive effects on the analyzed pathogens and on the basis of the technique employed. These findings suggest some considerations: with respect to the present experimental experience, the 0.5 ml containers of

the ophthalmic preparations Farmigea, for their shape with a rather small opening and for the nature of their content that normally limits the proliferation of microorganisms, are not easily subject to contamination, not only in the short period of time suggested by international regulation but even within a period of 24 hours (20). All the compounds, although preservative-free and not containing specific antimicrobial substances, with the exception of Naflox, demonstrated a bacteriostatic or bactericidal activity not only against *S. pneumoniae*, *S. pyogenes*, *Corynebacterium* spp., *H. influenzae* and *M. Catarrhalis*, exigent microorganisms in terms of nutrition and difficult to culture if not grown in their appropriate medium), but also against staphylococci and *C. albicans*, microorganisms certainly more adaptable and much more resistant in disparate and adverse environments. The compounds exhibited also an initial bacteriostatic activity on *E. coli*, and *P. aeruginosa*. The risk that bacteria with variable and considerable biochemical activity, such as fast-growing Gram-negatives, staphylococci and *Candida*, appears very high especially after 8 hours of exposure. Ophthalmic solutions provide substrates like organic molecules that cannot be easily used by the different microorganisms tested (some of them can only partly metabolize the compounds included in the medicaments). As mentioned above, with the exception of Naflox, these preparations have not antibacterial function and are not intended to be used for the treatment of eye cavity infections. Therefore, it was found as an unexpected characteristic of the compounds to inhibit microbial proliferation thus representing a further favourable feature to be added to their therapeutic property. Containers of 0.5 ml of the preparation Farmigea are inert, like glass and do not seem to provide a specific substrate for enhanced adhesion of bacteria (1, 7, 20). Microorganisms can therefore not be seized in a significant way by plastic. However this seems not to be important because, as shown in this study, the probability of a spontaneous contamination such as environmental exposure is remote (12). The important problem concerning contamination of these compounds by colonized or infected eye surfaces appears irrelevant due to the unexpected antibacterial activity expressed by the medications.

On the basis of the present findings, it seem possible to suggest that the period of time after the first opening for a safe usage of the ocular medications tested here can be extended.

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