

# Prevalence of hepatitis C virus genotypes in south-central Sicily, Italy: a comparative study between 2000/2001 and 2010/2014

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## Summary

The aim of this study is to evaluate the prevalence of various genotypes in the population of south-central Sicily (Italy) and to compare recent data with those of 2000/2001. In 2000, the patients tested were 202, all hepatitis C virus (HCV)-RNA and anti-HCV positive. From 2010 to 2014 the patients examined are in total 535, all anti-HCV positive, but 111 with genotype negative and therefore likely HCV-RNA negative. The study showed a clear predominance of genotype 1b for both men and women, however, with a much greater prevalence in the older cohort. In both groups, then, the 3a genotype follows for men, while the 2a/2c follows for women. 1a genotype prevalence rate falls in the most recent group of women. The cases of co-infection of more genotypes remain very content in 2014 as it happened in 2000.

## Introduction

The hepatitis C virus (HCV) infects more than 170 million people all over the world and it is an important etiologic agent of cirrhosis

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and hepato-cellular carcinoma (HCC). This is a fairly common cancer (5th place in the world) and it is in the 3rd place as a cause of cancer death (1).

Italy is the European country with the highest prevalence that varies according to regionality from 3% to 26% with a progressive increase in relation to age; the disease is most represented in the South and in Islands (4,5).

Hepatitis C is a virus with hepato-tropism and it is transmitted parenterally. It presents a genome with a significant degree of variability, since the RNA dependent RNA polymerase makes mistakes during the phase of replication.

The most conserved regions are those of the core and 5' UTR, instead the genomic regions that encode for the synthesis of E1-E2 are subject to greater variations.

According to the percentage of similarity among the nucleotide sequences the HCV differs in genotypes (30%), subtypes (10%) and quasi-species (5%).

The geographical distribution of genotypes is as it follows: 1b is present throughout the world; 1a and 3a in Europe and in North America; 2 in the Mediterranean, in Far East and in West Africa; 4 in the Middle East and Central Africa; 5 in South Africa; 6 in South East Asia; 7, the latest insolation, in the Democratic Republic of Congo.

Studies led by the association between genotype and route of transmission show that the 1b and 2a/2c seem to be more prevalent among people with multiple transfusions or sporadic infection, furthermore genotypes 1a and 3a are more frequent among drug addicts.

There is also an association with age: 1b and 2a/2c genotype are mostly found in older people, while 1a and 3a genotype are found mainly in young people. Furthermore genotype 3a is considered more recently spread if compared to 1b and 2a/2c (3,5-11).

In recent years there has been an increase in the insolation of the 4 genotype (prevalent in North Africa) in the Mediterranean areas such as Spain, Greece, France and especially Italy, where previously it was quite rare. This genotype is remarkable in clinical practice as it is more resistant to classical antiviral therapy (interferon alfa and ribavirin), and it is frequently associated with the development of cirrhosis and hepatocellular carcinoma (3-5). The clinical utility of HCV genotype tests is related to the optimal dosage of the therapy, as well it is related to the duration of treatment.

## Materials and Methods

The study area in which this U.O. works includes areas of south-central Sicily.

Patients examined from 2010 to 2014 are in total 535 of which 343 men, 175 women and 17 are carriers of HIV infection. In the study, there were included European and non-European patients aged

between 51 and 63, all anti-HCV positive; 424 are HCV-RNA positive and with liver disease, while 111 are negative for HCV genotype tests and therefore likely negative for HCV-RNA tests. Data for 2000/2001 are taken from a previous study, conducted on European patients, concerning with the same basin: 202 patients with liver disease, anti-HCV positive and HCV-RNA positive (2).

The determination of the genotype for the patients tested in 2010/2014 was carried out with the VERSANT HCV Genotype 2.0 Assay (LiPA) kit of Siemens Healthineers (Erlangen, Germany) which uses an intermediate product of biotinylated DNA specific for 5' UTR and CORE regions of the HCV genome, as it was obtained using the VERSANT HCV Amplification 2.0 (LIPA) after extraction of viral RNA.

The VERSANT HCV Genotype 2.0 Assay (LiPA) uses the reverse hybridization, which identifies genotypes and subtypes 1-6.

Patients in 2000, tested with the HCV Genotype III Nuclear Laser Medicine, are 202, all with liver disease, anti-HCV and HCV-RNA positive and they show the following numbers and percentage distinguished by gender and genotype.

## Results

### 2001/2001

Data taken from the previous study, referring to the period 2000-2001, are reported in Table 1 (total 122 patients).

**Table 1. 2000/2001 patients cohort.**

Genotype	Total		Men		Women	
	%	N.	%	N.	%	N.
1b	60.30	122	62.30	76	37.70	46
3a	13.90	28	89.29	25	10.71	3
1a	10.90	22	81.82	18	18.18	4
2a/2c	10.40	21	57.14	12	42.86	9
4c/4d	3.50	7	71.43	5	28.57	2
1a+1b	1.00	2	0.00	0	100.00	2

**Table 2. Patients differentiated by genotypes.**

Genotype	Men		Women		Total
	%	N.	%	N.	
1b	36.67	99	57.55	80	179
1	2.22	6	0.00	0	6
2	1.11	3	0.72	1	4
3	0.37	1	0.00	0	1
4	0.74	2	2.16	3	5
1+3a	0.37	1	0.00	0	1
1a	16.30	44	7.19	10	54
1a/1b	0.37	1	3.60	5	6
2a/2c	8.15	22	15.11	21	43
2b	1.11	3	0.72	1	4
3a	27.78	75	7.91	11	86
4a/4c/4d	3.33	9	4.32	6	15
5a	1.48	4	0.72	1	5

### 2010/2014

HCV-RNA positive patients are 424, while negatives are 111 and represent respectively 79.25% and 20.75%. The prevalence percentage of various genotypes that was observed in 2010/2014 patients cohort is shown in Figure 1.

Data were distinguished by gender; results differentiated by genotypes percentage and number are shown in Table 2, while the number of HIV negative *vs.* positive patients is shown in Table 3. The percentage and number of European *vs.* non-European patients is shown in Figure 2 and Table 4.

### Statistical analysis

We compared male and female cohorts in the two periods for genotypes 1b, 3a, 1a, 2a/2c, 4c/4d, 1a/1b. We applied chi-square test that has given statistical significance only for the genotype 1b group of men ( $P < 0.001$ ). This genotype has more prevalence in older cohort. Due to the low number of HIV positive patients and non-European patients, we have not examined them.

## Discussion and Conclusions

1b genotype is found more frequently in 2000 than in 2014 although 1b genotype has a much higher prevalence in the older group male (statistical significance:  $P < 0.001$ ); 3a genotype for men and 2a /2c

**Table 3. HIV negative patients *vs.* HIV positive patients.**

Genotype	HIV negative patients		HIV positive patients	
	N.	%	N.	%
1b	179	43.77	0	0.00
1	6	1.47	0	0.00
2	4	0.98	0	0.00
3	1	0.24	0	0.00
4	5	1.22	0	0.00
1+3a	1	0.24	0	0.00
1a	54	13.20	7	46.66
1a/1b	6	1.47	1	6.67
2a/2c	43	10.51	1	6.67
2b	4	0.98	0	0.00
3a	86	21.03	6	40.00
4a/4c/4d	15	3.67	0	0.00
5a	5	1.22	0	0.00

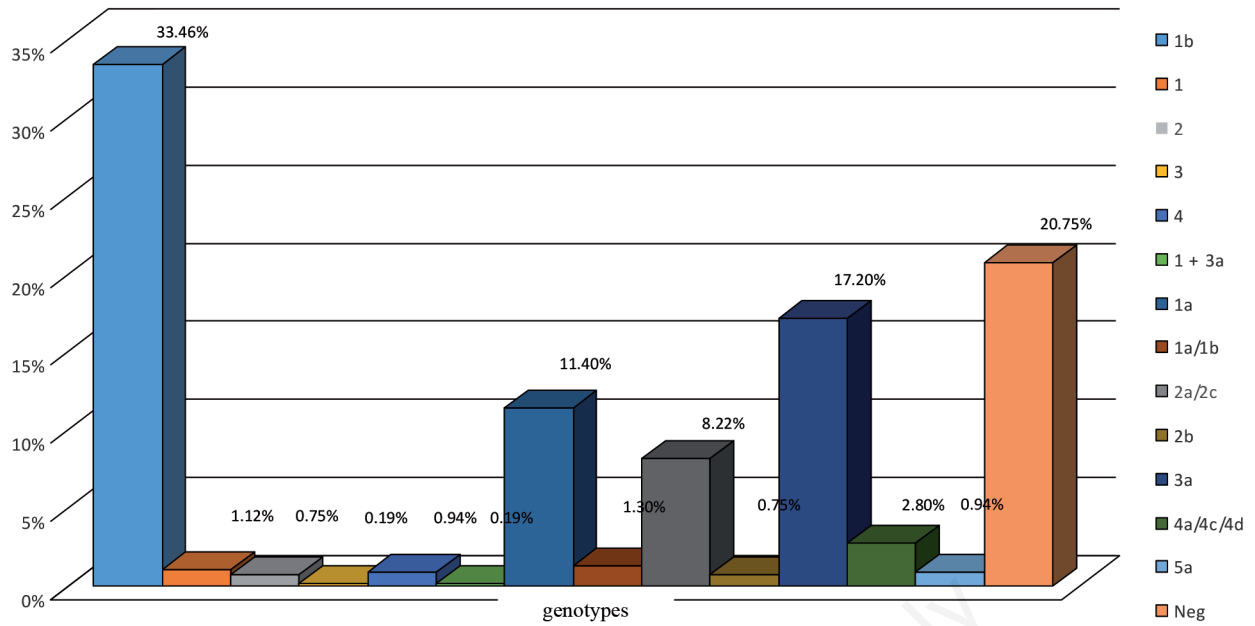


Figure 1. Hepatitis C virus genotypes prevalence.

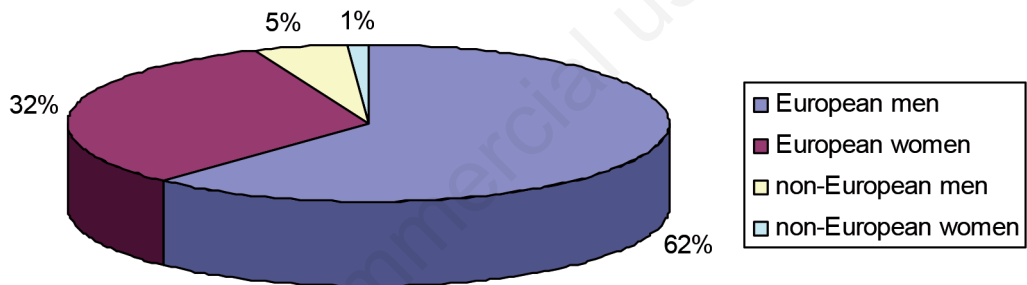


Figure 2. European patients vs. non-European patients.

Table 4. European patients vs. non-European patients.

Genotype	European patients				non-European patients				Total
	Men, N.	Men, %	Women, N.	Women, %	Men, N.	Men, %	Women, N.	Women, %	
1b	98	36.30	78	57.35	1	6.67	2	66.67	179
1	6	2.22	0	0.00	0	0.00	0	0.00	6
2	3	1.11	1	0.73	0	0.00	0	0.00	4
3	1	0.37	0	0.00	0	0.00	0	0.00	1
4	2	0.74	3	2.21	0	0.00	0	0.00	5
1+3a	1	0.37	0	0.00	0	0.00	0	0.00	1
1a	43	15.93	10	7.35	8	53.33	0	0.00	61
1a/1b	2	0.74	5	3.70	0	0.00	0	0.00	7
2a/2c	23	8.52	21	15.44	0	0.00	0	0.00	44
2b	3	1.11	1	0.73	0	0.00	0	0.00	4
3a	75	27.78	10	7.35	6	40.00	1	33.33	92
4a/4c/4d	9	3.33	6	4.41	0	0.00	0	0.00	15
5a	4	1.48	1	0.73	0	0.00	0	0.00	5

genotype for women follow in both 2000 and in 2014. Then, women's group in 2014 has 3a genotype and 1a genotype with the same prevalence opposed to 2000, when 1a genotype was most represented; while, as regards the men, 1a genotype follows in 2000 and 2014.

The higher prevalence of 1b genotype in the oldest group is probably due to the particular regionality, to the greatest resistance to therapy that caused the genotype to work much and to the recent migration flow.

By comparing data from the two groups, the genotype most represented in the two genders results always 1b; immediately after, the two sexes, instead, differ in a higher prevalence of 3a genotype in men and 2a/2c genotype in women.

In 2014, the patients with HIV infection have most frequently 1a and 3a genotype.

non-European male patients have most often genotype 1a and 3a, while non-European women have 1b and 3a. We can not make a statistical study for non-European and HIV carriers, because the patients are few.

We have a case of co-infection with contemporary presence of 1 and 3a genotype only in the 2014 group.

It was not possible to obtain any data about the contagion mode, time of infection for all patients. Furthermore, it was not possible to know the regions of origin of non-European patients.

Among the 535 samples tested in 2014, 79.25% of patients were positive and 20.75% were negative.

Negative patients are due likely to therapy, prescriptive appropriateness, tests performed on patients with certain life styles (*e.g.* promiscuous sex), with particular diseases (*e.g.* immunocompromised, politransfused), time infection, etc.

In any case, we intend soon to be able to cut down the negative amount also optimizing requests of prescribers through a growing awareness and an education to appropriate prescription. Therefore, it will be appropriate to re-evaluate these data in the future in order to consider the effects of the massive and recent migration and to continue studies about HIV positive and non-European patients.

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