

# Evaluation of a multiplex Real-Time PCR panel for the diagnosis of intestinal helminths

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## INTRODUCTION

The diagnosis of intestinal parasites requires a high degree of specific skills on the part of the microbiologist. Recent evidence indicates that molecular biology has numerous advantages over microscopy, including greater sensitivity and specificity for protozoa, however, studies using home-made tests reveal some uncertainties for the diagnosis of helminths. The aim of this study was to evaluate a commercial multiplex real-time (RT)-PCR for the detection of intestinal helminths from fecal samples.

## MATERIALS AND METHODS

181 samples were collected from 15 Italian hospitals. They were examined with traditional techniques (macro-microscopic examination after concentration, culture for *Strongyloides stercoralis* (Ss) and serology for Ss and *Schistosoma* spp). From 178 samples (7 were found to be insufficient), DNA was extracted using the Microlab Nimbus IVD (Hamilton, Reno, Nevada) and then examined with RT-PCR (Biorad, CFX96) (Fig. 2), using the Allplex GI-Helminth Assay kit. (Seegene), which detects *A.lumbricoides* (AI), *Hookworm* (A/N), Ss, *Taenia* spp (TA), *H. nana* (Hn), *T.trichiura* (Tt) and *E.vermicularis* (Ev) (Fig. 1).

## RESULTS

Of the 178 samples enrolled, traditional investigations identified: 4 negative samples, 16 helminths not included in the panel (10 *Schistosoma mansoni*, 5 *Bothriocephalus latus* and 1 *Dicrocoelium dentriticum*); 2 only in culture for Ss and 5 only with positive serology for Ss, 15 AI; 11 *Ancylostomids*; 61 CE; 39S; 24 *Taenia* spp; 5 Hn and 1 Tt. Compared to traditional techniques, the specificity of the RT-PCR kit was 100% while the sensitivity was as follows: 66.6% for AI, 90.9% for Hookworms, 47.9% for Ev, 69.2% for Ss, 80% Hn and 100% for *Taenia* spp respectively (Fig2). In particular, PCR for Ss was positive in two cases with culture alone and in 2/5 with serology alone.



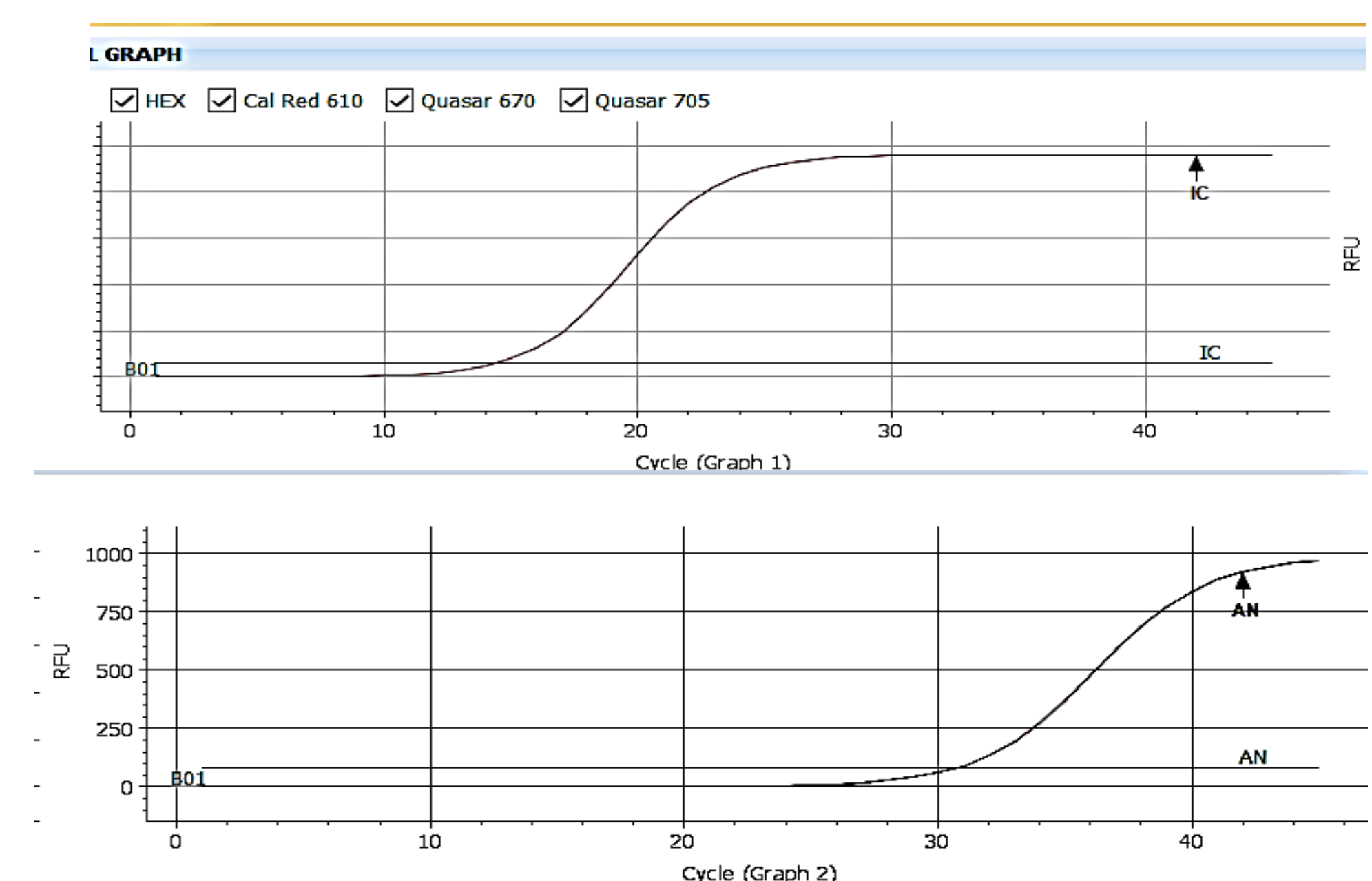
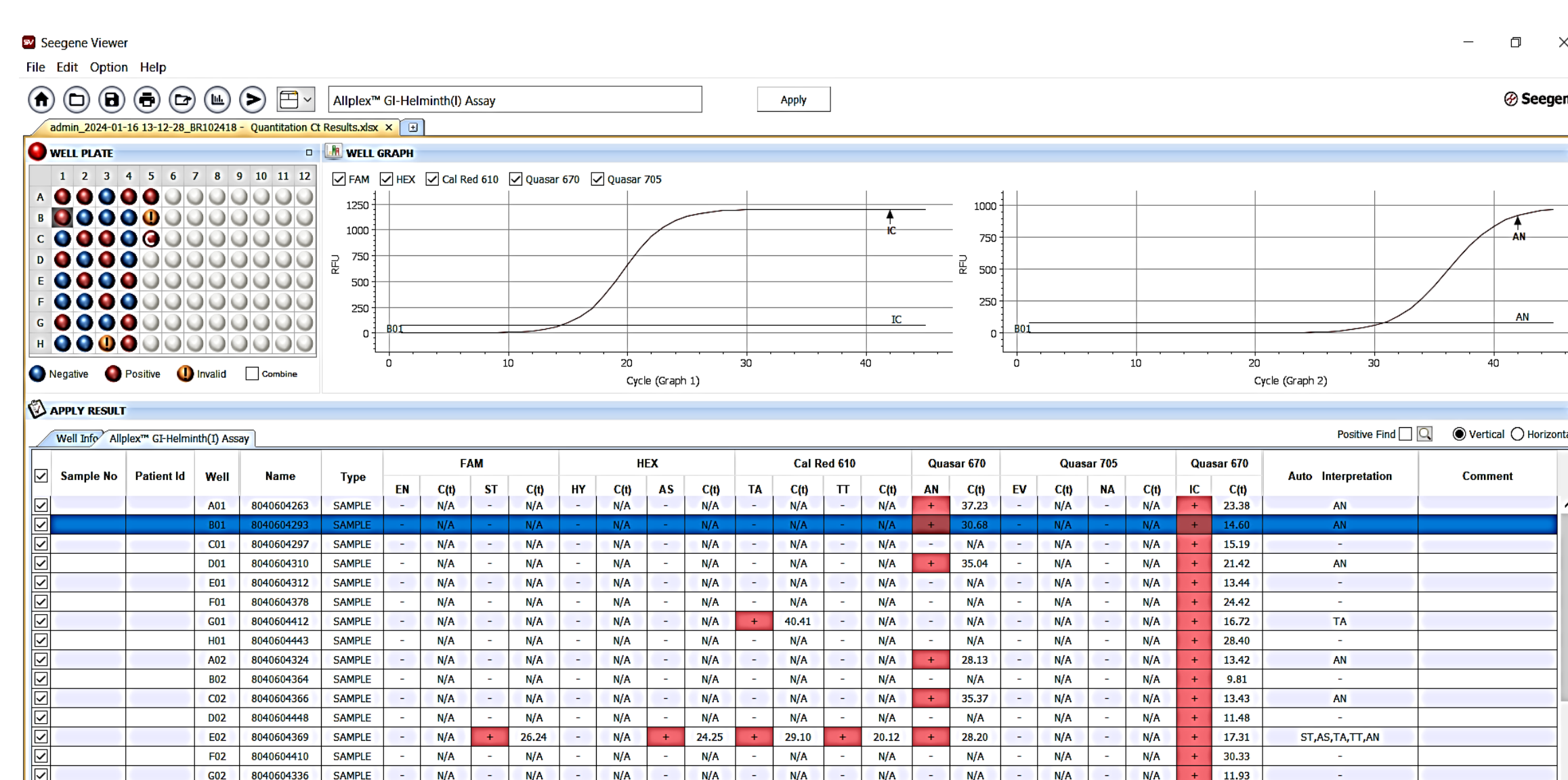
Fig. 1 Microscopy of researched helminths



Fig. 2 Microlab Nimbus and Biorad CFX.

Results according to traditional methods	N°	P	N	% positivity
<i>Taenia</i> spp	24	24	0	100%
<i>A. lumbricoides</i>	15	10	5	66,6%
Hookworms	11	10	1	90,9%
<i>E. vermicularis</i>	61	29	32	47,5%
<i>S. stercoralis</i>	38	27	12	69,2%
<i>H. nana</i>	5	4	1	80%
<i>T. trichiura</i>	1	1	0	NV

Fig. 3 Results based on agreement between standard methods and RT-PCR.



## CONCLUSIONS

As reported in the literature, the commercial kit also demonstrates a low sensitivity for AI and Ev, an average for Ss and a high value for Hookworms and *Taenia* spp and Hn. In contrast, RT-PCR correctly classified all samples as negative or positive for other species. In conclusion, this study suggests that RT-PCR technology can help in the diagnosis of intestinal helminth infections with the possibility of reducing the copro-parasitological investigation to a single sample instead of the traditional three. However, the low sensitivity for some helminths underlines that the experience of the parasitologist is always fundamental for the confirmation of the results with the appropriate traditional techniques (microscopic, culture and serological) and the correct clinical and epidemiological analysis

## BIBLIOGRAPHY

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