

## Gene therapy in Anderson-Fabry disease. State of the art and future perspectives

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### Abstract

Anderson-Fabry disease (AFD) is an X-linked lysosomal storage disorder caused by a deficiency of the lysosomal enzyme,  $\alpha$ -galactosidase A. The inadequate enzymatic activity leads to systemic storage of glycosphingolipids, mostly globotriaosylceramide, in the lysosomes. As of now, enzyme replacement therapy is the only approved treatment for AFD. However, it does not induce a complete and lasting response in several clinical contexts. Gene-mediated enzyme replacement is an emerging approach that could overcome these limits. The single gene nature of AFD enhances the possibility to transfect and modify a small number of cells, making them capable to affect the correction of a larger number of cells. This review summarizes the history and the state of the art of gene therapy in AFD, showing potential benefits and limits.

### Gene therapy in Anderson-Fabry disease

Anderson-Fabry disease (AFD) is a X-linked storage disorder caused by a lysosomal enzymatic deficiency. The  $\alpha$ -galactosidase A (GLA) mutations lead to accumulation of several substrates involved in glycosphingolipids metabolism like Globotriaosylsphingosine (Gb3).<sup>1</sup> The lysosomal storage of Gb3 appears to be the main cause of organ failure in Fabry disease, involving most frequently kidney, brain and heart. Common symptoms are angiokeratomas, acroparesthesia, neuropathic pain, cerebrovascular disease, renal failure, cardiomyopathy.<sup>2</sup>

AFD prevalence is estimated to range from 1:8454 to 1:117,000 males,<sup>3</sup> while worldwide incidence of AFD is reported to be in the range of 1 in 40,000-117,000.<sup>4</sup>

Even though Fabry disease is an X linked pathology, it does not involve only

men. Women carriers can be affected, developing a mild, late onset disease due to the random inactivation (lyonization) of X-chromosome that results in a heterogeneous enzyme expression in every cell.<sup>5</sup> Based on the lyonization, some organs in female carriers will have low GLA expression and will develop the disease and others will have normal GLA expression. Because of the random X-chromosome's genes expression, about two-thirds of women carriers will develop the disease.

The GLA gene is situated in the long arm of the X-chromosome. It originally consists of 12 kb with 7 exons, encoding for a 370 aminoacids-protein after the splicing process. There are nearly a thousand identified mutations in the GLA gene implied in AFD, including missense, nonsense, small deletions, small insertions, splice defects and rearrangements.<sup>6</sup> The wide majority are missense mutations with a single aminoacid substitution in the GLA gene. Despite this, there are a lot of mutations of unknown significance.

Cardiovascular imaging like echocardiogram and cardiovascular magnetic resonance (CMR) can provide important information for the correct diagnosis of cardiovascular involvement in Fabry disease. The most relevant feature on echocardiogram is the left ventricular hypertrophy (LVH) with normal ejection fraction, similar to hypertrophic cardiomyopathy (HCM).<sup>7</sup> CMR can play a central role in differentiating AFD from HCM and can detect early cardiac involvement, assessing ventricular function and tissue characterization by means of late gadolinium enhancement (LGE) and T1 mapping.<sup>8</sup> The diagnostic assessment for AFD is beyond the scope of this review.

Definitive diagnosis is based on dosage of plasma enzyme activity, histologic evidence of intracellular Gb3 accumulation and genetic testing with the detection of the pathological mutations. High plasma levels of Gb3 and Lyso-Gb3 represent sensitive biomarkers. The reducing of at least one third of the normal value of GLA activity is considered pathogenetic. However, lots of studies show the necessity to evaluate biological, histological and clinical alterations without a validated threshold.<sup>9</sup> Low enzyme activity in plasma is often sufficient in affected males for a definitive diagnosis, whilst in women it is mandatory a genetic confirmation, because of the lyonization phenomenon. Once the diagnosis has been achieved, screening of all members of the family is recommended.

Heart involvement is one of the main complications and it emerges in adulthood, but early heart damage can be observed in young patients, like valvular disfunction,

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conduction abnormalities and mild LVH. Histologic appearance is typical, with a binary appearance of left ventricular endocardial border. Most of the cardiac complications emerge in adulthood, but early progressive heart damage can be observed in young patients. For this reason, ECG-Holter monitoring and a comprehensive echocardiographic and electrocardiographic evaluation is suggested during every clinical assessment.

However, the deposit of Gb3 leads to multi-organ disease. Renal impairment is often a major concern in AFD patients. The accumulation of Gb3 may occur prenatally in renal cells before any measurable abnormality in routine tests or GFR declination and albuminuria is usually the earliest pathological sign. Cerebrovascular events (stroke and transient ischemic attacks) are extremely common in adult AFD patients as they represent the second leading cause of death.<sup>10</sup> The underlying mechanism is the increased release of ROS due to Gp3 accumulation with consequent inflammatory cells activation. AFD patients also suffer from neuropathic pain due to degeneration of myelinated A-delta fibers (acroparesthesias). It primarily affects feet and hands but can later progress proximally.<sup>11</sup> Abdominal pain is a very common symptom in AFD patients and may mimic inflammatory bowel disease, sometimes requiring endoscopic analyses for the differential diagno-

sis. Typical and recognizable lesions are also found on the skin (angiokeratomas) and the eyes (cornea verticillata) and they can be a red flag in the diagnostic evaluation of a patient, increasing the probability of AFD.

Considering the aforementioned clinical characteristics of AFD patients, the disease should be suspected in males or females with a combination of the following clinical features: Intermittent episodes of burning pain in the extremities (acroparesthesias); cornea verticillata; abdominal pain; nausea, and/or diarrhea of unknown etiology in young adults; arrhythmias of unknown etiology, particularly in young adults; cutaneous vascular lesions (angiokeratomas); diminished perspiration (hypo- or anhidrosis); stroke of unknown etiology; chronic kidney disease (CKD) and/or proteinuria of unknown etiology, especially if associated with multiple renal sinus cysts discovered incidentally; LVH of unknown etiology.

AFD therapy was previously based on symptomatic drugs like analgesics, diuretics and angiotensin converting enzyme inhibitors (ACE-I)<sup>12</sup> and life expectancy was low, mainly influenced by cardiac involvement, with arrhythmias being the most common cause of death.<sup>13</sup>

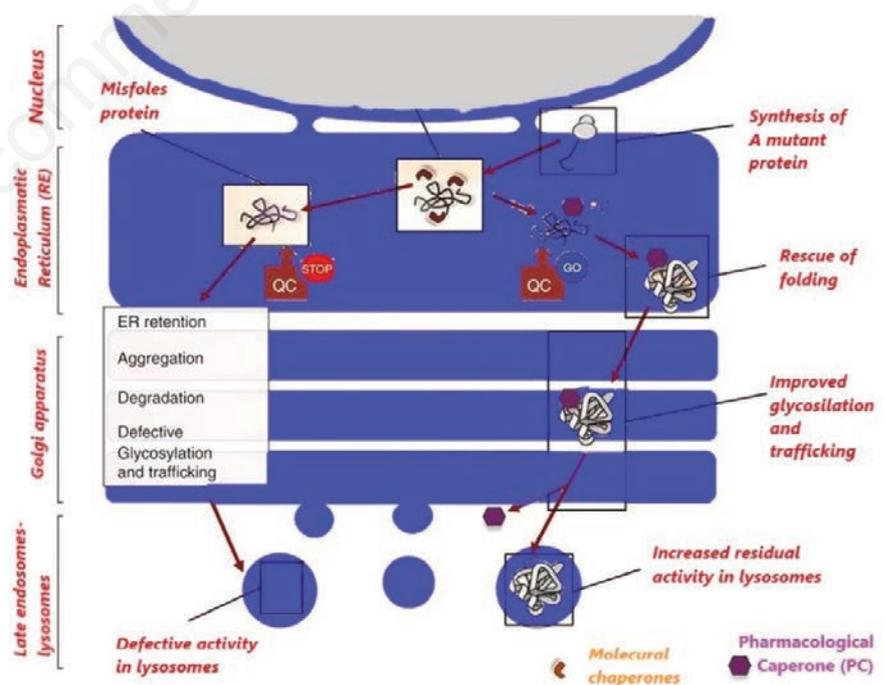
The introduction of enzyme replacement therapy (ERT) in the early 2000's has dramatically changed the outcome of AFD patients. The correct timing for ERT initiation is of mandatory importance. ERT should be considered in boys older than 8 years with classical form even if asymptomatic. Instead, AFD patients with non-classic, attenuated and late onset variants should be monitored closely and treated once symptoms appear or when there is renal biopsy evidence of disease.<sup>14</sup> In fact, in classical Fabry mutations there is histological evidence of Gb3 accumulation with cellular and vascular injury in renal tissue in absence of proteinuria or other significant clinical evidences. ERT is based on the use of two recombinant GLA enzyme preparations, agalsidase alfa and agalsidase beta, produced in a cultured human cell line. They are both available in Europe. ERT leads to a not worsening or in stabilization of the disease and sometimes improves kidney and heart function, especially if it is started in an early phase.<sup>15</sup> However, ERT is not defects-free. In fact, it does not achieve satisfying results when target organs are severely damaged.<sup>16</sup> ERT can cause, in about 40% of all ERT-treated males, the production of neutralizing antidrug antibodies (ADAs) that limit the efficacy of the therapy.<sup>17</sup> Another cause of unsatisfactory results is represented by an inadequate brain

and bones drug penetration,<sup>18</sup> and this is unfortunate because stroke is one of the most significant manifestations in AFD patients and represents an important cause of premature death. ERT is usually well tolerated, with no major side effects directly related to it aside from transient infusion-associated reactions (IARs). IARs are probably the result of anaphylactoid reactions (compound-mediated) and not anaphylactic (IgE-mediated type 1 hypersensitivity).<sup>18</sup>

Because of ERT limits, new therapeutic strategies are being studied and tested, including stem cells therapy, chaperones therapy and gene therapy.

Pharmacological chaperones are molecules that act binding the mutant GLA enzyme, improving its stability and favoring its transfer to the lysosomes<sup>19</sup> (Figure 1). Unfortunately, this therapy is very effective only in non-classical phenotypes, that are characterized by missense mutations, that are characterized by missense mutations and are thereby more sensible to this chaperoning effect. At the moment, the compound DGJ (Migalastat) is currently in Phase III clinical trial, after positive results in phase II for safety and tolerance, and the results are encouraging. Migalastat is a low molecular weight analogue of the terminal galactose residue on GL-3 that binds selectively and reversibly to the active sites of amenable mutant forms of  $\alpha$ -galactosidase

A enzyme.<sup>20</sup> Once in lysosomes, migalastat dissociates from  $\alpha$ -galactosidase A allowing the enzyme to break down GL-3. After dissociation from the enzyme, Migalastat is rapidly removed from the cell and excreted. The pharmacokinetics of migalastat are not altered to a clinically relevant extent by gender or race. The use of Migalastat has not been studied in patients with Fabry disease who have severe renal impairment, or who have hepatic impairment; however, hepatic impairment is not expected to affect the pharmacokinetics of migalastat, based on the metabolism and excretion pathways. Two randomized and multicenter phase 3 trials are in progress to prove the efficacy of Migalastat: FACETS (a placebo controlled-trial) and ATTRACT (active comparator - controlled trial). In phase 3 trials, eligible patients were required to have a migalastat-amenable GLA mutation based on the initial HEK-293 assay.<sup>21</sup> Migalastat is well tolerated and mostly adverse events (AEs) are mild. Most common AEs are headache, infusion-associated reactions, nasopharyngitis, urinary tract infection and nausea. Because of its effectiveness and the possibility of oral administration, Migalastat will probably be one of the most important options for AFD treatment. The limitations of this approach are its effectiveness limited to AFD patients with missense mutations



**Figure 1. Mechanism of action of pharmacological chaperones.** Pharmacological chaperones are molecules that act binding the mutant  $\alpha$ -galactosidase A enzyme, improving its stability and favoring its transfer to the lysosomes thus increasing residual activity in lysosomes.



Recently, mRNA-based therapies emerged as an alternative for Fabry disease as studies in Fabry mice and non-human primates were reported.<sup>36</sup> The use of transcribed mRNA carries the possibility to target specific amino acid modifications, bypassing the transcriptional process.

At the same time new gene editing techniques are in development, the most interesting being the molecular scissors system known as CRISP/Cas9 that, put into inactivated viral vectors, is then carried into the cells in order to edit their DNA.<sup>37</sup> The same system could be used to create a human cell model of Fabry disease, useful as a target for testing new therapeutic strategies and medications.

## Conclusions

Actually gene therapy in Fabry disease represents a promising alternative approach to enzyme replacement treatment. It consists of the introduction of a working copy of the gene encoding  $\alpha$  galactosidase A in the patient's cells (fibroblasts, B lymphocytes, hepatocytes, hematopoietic cells) through lentivirus and adenovirus, showing encouraging results in some experimental animals with an increased enzymatic activity after few months of treatment.

Other approaches like chaperones and pseudoexon activation are under investigation too.

Among viral vectors, retrovirus (particularly Lentivirus) reported the best results in studies.

In conclusion, the aim of this emerging therapy is to create a more effective therapy for Anderson Fabry disease and a better outcome for these patients. However, there are still a lot of unanswered questions concerning gene therapy such as the correct timing of first administration to prevent or stop progression of organ damage, the possible influence of epigenetic and environmental factors and the lack of large randomized controlled trials.

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