

PRIMARY DATA COLLECTION QUESTIONNAIRE

Informed Consent

My name is Kezia Waruguru Mbuthia. I am a Ph.D. student at Kenyatta University, conducting a study for my thesis examination titled “The implications of provided and received social support on the social well-being of older persons in Kitui County, Kenya.

Your participation in this study is voluntary which means that in case you feel that you want to withdraw from the study at any time, you are free to do so. You can ask any questions that you might have about the study and can choose to not answer any question in case you feel uncomfortable. The information that you shall provide if you stay in the study will be confidential and cannot be shared with anyone else without your consent. It will be used for academic purpose only and no one will know you provided the information because your identity will be anonymized.

The information that you provide will help others to have a better understanding of how the support you receive or provide affects your social well-being. In addition, policy makers, gerontologist and programmes will use this information to find ways of promoting the SWB of older persons.

I will note down your responses on the interview schedule

Participants’ statement

I have been made aware of the nature and aim of the study and I am aware of my rights and can withdraw at any time. I voluntarily agree to participate.

Pseudonyms name of participant (Optional)	Signature or thumb-print	Date

Researcher’s statement

I have explained to the understanding of the respondent the nature of the study, the purpose and their rights

Name of the researcher

Signature

Date

For questions or clarifications, please contact:

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Sociodemographic characteristics

Interview Guide No.: Date.....

1. Sub-County: Mutomo [1] Mwingi Central [2] Kitui Central [3] Migwani [4]
2. Location _____
3. Sub-location _____
4. Gender: Male [1] female [2]
5. Age: 60-69 [1] 70-79 [2] 80-89 [3] 90-99[4] 100+ [5]
6. Marital Status: single [1] married [2] divorced [3] separated [4] widowed [5]
7. Level of education: No Formal Education [1] Primary [2] Secondary [3] Tertiary [4]
8. Religious affiliation: Christian [1] Muslim [2] Other [3]
9. Source of livelihood: Farming [1] Employment [2] Business [3] Casual labour [4] Pension [5] Older Persons Cash Transfer [6] Others [7]
10. Average monthly income: Below 1,000 [1] 1,001-5,000 [2] 5001- 10,000 [4] Over 10 000 [5]

QUALITY OF THE RELATIONSHIP WITH CLOSE NETWORK MEMBER

11. Who is your CNM? _____
12. How close do you feel towards CNM? not close at all [1] not too close [2] fairly close [3] Very close [4]

INSTRUMENTAL SUPPORT**In the last twelve (12) months, indicate Your Response to the following items**

S.No	Item	Yes	No
Provided Social support		1	2
13.	Did you lend/give money to CNM when they needed it?		
14.	Did you provide care to CNM during sickness?		
15.	Did you help CNM with chores in and around the house?		
16.	Did you lend/give household items or tools to CNM?		
17.	Did you prepare meals for CNM when they were unable to do it themselves?		
18.	Did you look after CNM house (kids, garden and animals) when they travelled?		
19.	Did you take CNM somewhere they needed you to go with them?		
Received Social Support			
20.	Did you receive money from CNM when you needed it?		
21.	Did you receive care from CNM during sickness?		
22.	Did you receive help from CNM with chores in and around the house?		
23.	Did you receive household items or tools from CNM?		
24.	Did CNM prepare meals for you when you were unable to do it yourself?		
25.	Did CNM look after your house (kids, garden and animals) when you travelled?		
26.	Did CNM take you somewhere you needed to go with them?		

EMOTIONAL SUPPORT**In the last twelve (12) months, indicate Your Response to the following items**

S.No	Item	Yes	No
Provided social support		1	2
27.	Did you cheer up CNM or help them feel better?		

28.	Did you show interest in the personal life of CNM?		
29.	Did you make CNM happy when they told you something positive that happened to them		
30.	Did you trust CNM to solve your problems?		
31.	Did you listen to CNM as they shared their most private worries?		
32.	Did you make CNM feel respected and loved?		
Received social support			
33.	Did CNM cheer you up or help you feel better?		
34.	Did CNM show interest in your personal life?		
35.	Did CNM make you happy when you told them something positive that happened to you?		
36.	Did CNM trust you to solve their problems?		
37.	Did CNM let you share your most private worries?		
38.	Did CNM make you feel respected and loved?		

INFORMATION SUPPORT

In the last twelve (12) months, indicate Your Response to the following items

S.no	Item	Yes	No
Provided Social Support			
		1	2
39	Did you offer helpful advice/suggestions when CNM needed to make important decisions?		
40	Did you agree with CNM actions or thoughts?		
41	Did you give CNM information to understand an issue?		
42	Did you guide/refer CNM to places they could get helped		
43	Did you give CNM feedback on an action that they wanted to take?		
Received social support			
44	Did CNM offer you helpful advice/suggestions when you needed to make important decisions?		
45	Did CNM agree with your actions or thoughts?		
46	Did CNM give you information to understand an issue?		
47	Did CNM guide/refer you to places you could get helped		
48	Did CNM give you feedback on an action you wanted to take?		

49. In the last twelve (12) months, are you satisfied with the social support that you provided to CNM?

Extremely Dissatisfied (1)	Dissatisfied (2)	Satisfied (3)	Extremely Satisfied (4)
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50. In the last twelve (12) months, are you satisfied with the social support that you received from CNM?

Extremely Dissatisfied (1)	Dissatisfied	Satisfied	Extremely Satisfied (4)
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	(2)	(3)	
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51. In what other ways can the social well-being of older persons be improved

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