## **Supplementary Materials**

**Table 1. Characteristics of the studies included.** 

First Author,	Country	Study Design	Level of	Study Population Size,	Area of
Year			Evidence	Diagnosis	Review
Alter, 2017	United	Review	IV	NA	Ultrasound
	States				modalities
Aşkın, 2017	Turkey	Cohort,	III	Adult (48)	Ultrasound
		Prospective		Stroke requiring	modalities
				BoNT-A to biceps	
				brachialis	
Battaglia, 2021	Italy	Cross-	III	Adult (56, mean age	BoNT
		sectional,		60.8 years)	Muscle
		Prospective		Stroke	change,
					Ultrasound
					modalities
Battisti, 2018	Italy	Cross-sectional	III	Pediatric Patients (60,	Ultrasound
				mean age 86 years)	modalities
				Cerebral palsy	
				hemiplegic form (17)	
				Cerebral palsy	
				diplegic form (43)	
Booth, 2001	United	Observational,	III	Pediatric (26, mean	Histology
	Kingdom	Prospective		age 10.6 years)	changes
				Diplegic or	
				quadriplegic Cerebral	
				palsy	
Cahill, 1986	New	Observational,	NA	Equine (15 horses)	Histology
	Zealand	Prospective,		Laryngeal hemiplegia	changes
		Animal			
Calvo-Lobo,	Spain	Observational,	III	Adult (11 patients, 22	Ultrasound
2018		Case-Control		feet)	modalities
				Stroke	
Calvo-Lobo,	Spain	Observational,	III	Adult (40, 20 feet	Ultrasound
2018		Case-Control		ipsilateral, 20 feet	modalities

				contralateral, 20	
				health control)	
				Stroke	
Chalmers,	United	Experimental,	NA	Equine (28 horses)	Histology
2015	States	Prospective,		Recurrent laryngeal	changes
		Animal		nerve transection	
Cosenza, 2020	Italy	Observational,	III	Adult (47)	Ultrasound
		Prospective		Stroke	modalities
Dias, 2017	Brazil	Observational,	III	Adult (30, 15 control,	Ultrasound
		Prospective		15 stroke)	modalities
				Stroke	
Eby, 2016	United	Cross-sectional	III	Adult (9)	Ultrasound
	States			Stroke	modalities
Eby, 2017	United	Case Report	IV	Adult (1)	Ultrasound
	States			Stroke hemiparesis	modalities
Filippetti, 2022	Italy	Chart review,	IV	Adult (48)	Ultrasound
		Retrospective		Spastic equinovarus	modalities,
					Ultrasound
					clinical
Frieden, 2003	United	Observational,	III	Adult (41 control	Histology
	States	Prospective		without	changes
				neuromuscular	
				condition), Pediatric	
				(15 experimental)	
				Cerebral palsy	
Fröhlich-	Switzerland	Observational,	III	Adult (40, 20 control,	Ultrasound
Zwahlen, 2014		Prospective		mean age 52±11	modalities
				years; 20 stroke, mean	
				age 53±10 years)	
Gao, 2018	United	Case-control,	III	Adult (15, 8 control, 7	Ultrasound
	States	Prospective		post-stroke)	modalities
				Stroke with chronic	
				spasticity	

Gao, 2018	United	Case-control,	III	Adult (16, 8 control, 8	Ultrasound
	States	Prospective		post-stroke)	modalities
				Stroke	
Gao, 2019	United	Feasibility	III	Adult (8, mean age 58	Ultrasound
	States	Study,		years)	modalities
		Prospective		Stroke who underwent	
				elbow flexor BoNT-A	
				(4 hemorrhagic, 4	
				ischemic)	
Gillies, 2011	United	Review	V	NA	Histology
	States				changes
Hadi, 2018		Case Series	IV	Adult (6)	Ultrasound
				Stroke	modalities
Hara, 2018	Japan	Cohort,	III	Adult (102)	Ultrasound
		Retrospective		Stroke	modalities
Harrison, 1991	United	Observational,	NA	Equine (18 foals)	Histology
	States	Prospective,		Equine recurrent	changes
		Animal		laryngeal neuropathy	
Hong, 2018	Korea	Case Control,	III	Adult (16, 8 control	Ultrasound
		Prospective		mean age 26.7 years, 8	modalities
				stroke mean age 59.6	
				years)	
				Stroke (3	
				hemorrhagic, 5	
				ischemic)	
Jakubowski,	United	Observational,	III	Adult (14, mean age	Ultrasound
2017	States	Prospective		60.1 years)	modalities
				Chronic hemiparesis	
Kenis-Coskun,	Turkey	Cross-sectional	III	Adult (48)	Ultrasound
2020				Stroke	modalities
Kesikburun,	Turkey	Observational,	III	Adult (26)	Ultrasound
2015		Cross-sectional		Stroke	modalities
Kim, 2021	Singapore	Observational,	III	Adult (40)	Ultrasound
		Prospective			clinical

				Ischemic/Hemorrhagic	
				stroke	
Lee, 2015	United	Observational	III	Adult (16)	Ultrasound
	States			Stroke	modalities
Lee, 2019	South	Randomized	II	Adult (18)	Ultrasound
	Korea	Control Trial		Stroke	modalities
Lee, 2019	United	Cross-sectional	III	Adult (22, 8 control,	Ultrasound
	States			14 post-stroke, mean	modalities
				age 58.9 years)	
				Stroke with	
				hemiparesis	
Leng, 2019	China	Cross-sectional	III	Adult (15)	Ultrasound
				Stroke hemiplegic	modalities
Lieber, 1986	United	Experimental,	NA	Rats (24, 10	Histology
Lieber, 1986	States	Prospective,		experimental, 14	changes
Lieber, 1986		Animal		control)	
				Thoracic spinal cord	
				transection	
Lieber, 2003	United	Observational,	III	Adult (21 control	Histology
	States	Prospective		without	changes
				neuromuscular	
				condition), Pediatric	
				(9 experimental)	
				Cerebral palsy	
Lieber, 2017	United	Review	V	NA	Histology
	States				changes
Liu, 2020	China	Cohort,	III	Adult (60)	Ultrasound
		Prospective		Stroke with upper	modalities
				limb spasm	
Loizou, 2006	Cyprus	Observational	V	NA	Ultrasound
					clinical
Mathevon,	France	Systematic	NA	Human/Animal	BoNT muscle
2015		Review			change

Mathevon,	France	Cohort,	III	Adult (14)	Ultrasound
2018		Prospective		Stroke	modalities
Miller, 2021	Hong Kong	Systematic	IIIa	NA	Ultrasound
		Review		Neurological	clinical
				conditions	
				investigated: stroke,	
				Cerebral palsy,	
				Duchenne muscular	
				dystrophy and	
				Parkinson disease	
Michailovich,	United	Observational	V	NA	Ultrasound
2013	States				clinical
Moreta, 2020	United	Prospective,	III	Adult (50, 45	Ultrasound
	States	Observational		upper/lower limb	modalities,
				spasticity, mean age	Ultrasound
				48.8 years; 5 control,	clinical
				mean age 27.2 years)	
				Spasticity (Stroke,	
				Traumatic Brain	
				Injury, Multiple	
				Sclerosis, Other)	
Picelli, 2012	Italy	Cohort,	III	Adult (56)	Ultrasound
		Prospective		Stroke, Spastic	modalities
				equinus	
Picelli, 2014	Italy	Observational,	III	Adult (43)	Ultrasound
		Prospective		Stroke, Spastic	modalities,
				equinus	Ultrasound
					clinical
Picelli, 2017	Italy	Observational,	III	Adult (46)	Ultrasound
		Prospective		Stroke	clinical
Picelli, 2017	Italy	Observational,	III	Adult (38)	Ultrasound
		Case-control		Multiple sclerosis	modalities,
					Ultrasound
					clinical

Picelli, 2020	Italy	Observational,	III	Adult (21, mean age	Ultrasound
		Retrospective		65.6 years)	modalities
				Stroke	
Pillen, 2006	Netherlands	Comparative,	III	Pediatric (76)	Histology
		Prospective		Neuromuscular	changes
				disease	
Pillen, 2009	Netherlands	Observational,	NA	Animal (14 golden	Histology
		Prospective		retrievers)	changes
				Muscular dystrophy	
Pillen, 2009	Netherlands	Observational	V	Adult (7)	Ultrasound
				Healthy	clinical
Pillen, 2011	Netherlands	Expert Opinion	V	NA	Ultrasound
					clinical
Pingel, 2017	Denmark	Review	V	NA	Histology
					changes
Rasool, 2016	United	Case series	IV	Adult (3)	Ultrasound
	States			Stroke	modalities
Santamato,	Italy	Prospective	III	Adult (23)	Ultrasound
2014		open-label		Stroke with spastic	modalities
		study		equinus foot	
Schillebeeckx,	Belgium	Systematic	IIIa	NA	Ultrasound
2020		Review			clinical
Schroeder,	Germany	Prospective,	IV	Healthy Adult (2)	BoNT
2009		double-blind			Muscle
					change
Slocombe,	Australia	Observational,	NA	Equine (9 horses)	Histology
1981		Prospective,		Australian Stringhalt	changes
		Animal			
Smith, 2011	United	Observational,	III	Pediatric (33	Histology
	States	Prospective		experimental, 19	changes
				control)	
				Cerebral palsy	
Thielman,	United	Pilot study,	IV	Adults (11)	Ultrasound
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Tran, 2021	United	Review	V	NA	Ultrasound
	States				clinical
Valentine,	Australia	Prospective,	III	Pediatric (10, mean	Histology
2016		Cross-sectional		age 11 years 7	changes
				months)	
				Cerebral palsy	
Wu, 2017	Taiwan	Case-control	III	Adult (31)	Ultrasound
				Stroke	modalities
Wu, 2013	China	Expert Opinion	V	NA	Ultrasound
					clinical
Yang, 2014	China	Cohort,	III	Adult (41, 26 'spastic	Ultrasound
		Prospective		group', 15 'normal	modalities
				muscle tone group')	
				Stroke	
Yasar, 2016	Turkey	Cross-	III	Adult (23)	Ultrasound
		sectional,		Stroke with forearm	modalities
		Prospective		spasticity	
Yoldas, 2021	Turkey	Randomized	II	Adult (51, 17 in active	Ultrasound
		control trial		therapy, 17 in sham	modalities
				therapy, 17 control)	
				Stroke with ankle	
				flexor spasticity	

BoNT-A – Botulinum Neurotoxin A, NA – Not Applicable